

MINIMALLY INVASIVE SURGERY · UMIBA

Hydrocelectomy

You are about to undergo surgery to correct a hydrocele. The procedure involves draining the fluid and resecting the tunica albuginea (the testicular sheath that holds it). This technique achieves excellent results with minimal recovery time.

Preparation

Proper preparation before surgery is important.

- Do not take aspirin for 10 days before surgery.
- Arrive on the day of surgery having fasted for 8 hours (nothing by mouth). If you take morning medication, you may do so with a small sip of water.
- Bring all your imaging studies, the complete pre-surgical work-up, and your insurance authorization.
- Do not shave the area.
- You will be admitted several hours before your surgery.

Recovery

When you wake from surgery you will stay under observation for about 4 hours, recovering from the anesthesia. If your condition allows, you will be discharged the same day.

- Avoid physical exertion and keep strict rest during the first few days.
- Wash the wounds with soap and water and leave them uncovered. Some discharge from the area, bruising, itching, and increased sensitivity are normal.
- In some cases of large hydroceles, a thin drain is left in place and removed within the first 48 hours.
- The stitches fall out on their own.
- Resume your usual medication.
- Eat a varied diet, avoiding foods that cause constipation.
- You will be given pain relievers in case you have pain.
- You may drink alcohol.

Complications

Hydrocelectomy has a very low complication rate. Even so, a hematoma may occur, and wound infection is possible with any surgery. A check-up is scheduled one week and one month after the procedure.

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