

MINIMALLY INVASIVE SURGERY · UMIBA

Posthioplasty

You are about to undergo a posthioplasty. The procedure removes the foreskin. This technique achieves excellent results with minimal recovery time.

Preparation

Proper preparation before surgery is important.

- Do not take aspirin for 10 days before surgery.
- Arrive on the day of surgery having fasted for 8 hours (nothing by mouth). If you take morning medication, you may do so with a small sip of water.
- Bring all your imaging studies, the complete pre-surgical work-up, and your insurance authorization.
- Do not shave the area.
- You will be admitted several hours before your surgery.

Recovery

When you wake from surgery you will stay under observation for about 4 hours, recovering from the anesthesia. If your condition allows, you will be discharged the same day.

- Avoid physical exertion.
- Wash the wounds with soap and water and leave them uncovered. Some discharge from the area, bruising, itching, and increased sensitivity are normal.
- The stitches fall out on their own.
- Resume your usual medication.
- Eat a varied diet, avoiding foods that cause constipation.
- You will be given pain relievers in case you have pain.
- You may drink alcohol.

Complications

Posthioplasty has a very low complication rate. Even so, a hematoma may occur, and wound infection is possible with any surgery. A check-up is scheduled one week and one month after the procedure.

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